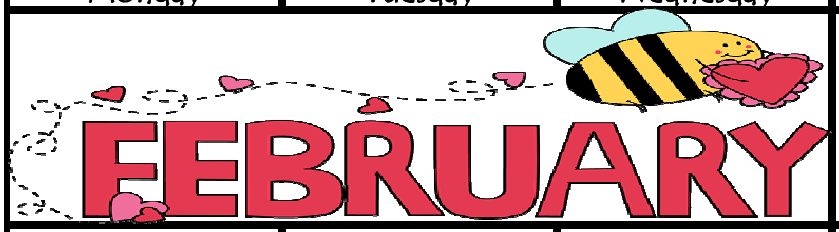
Menands School Lunch Menu - February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Lasagna Rollup OR Tuna Salad on WW Roasted Cauliflower Mixed Veggies Cinnamon Applesauce	2 Sheet Pizza OR BBQ Chicken Wrap Tossed Salad Roasted Sweet Potato Pineapple
5 Pulled Pork Sandwich OR Egg Salad on WW Curly Fries Broccoli Pears	6 Oven Roasted Chicken OR Fish Sticks WG Biscuit/Corn Roasted Chickpeas Raisins	7 Chicken Tenders OR Hummus Veggie Wrap Roasted Squash Sweet Potato Mashers Grape Juice	8 Cheese Ravioli OR Jerk Chicken Wrap Carrots Green Beans Peaches	9 French Bread Pizza OR Chicken Caesar Salad Carrots and Celery Sticks Mandarin Oranges
12 Sweet Chili Chicken OR Grilled Ham & Cheese Brown Rice/Carrots Stir Fry Veggies Cinnamon Applesauce	13 Meatloaf OR Chicken Salad Wrap Mashed Potatoes Green Beans Pineapple	14 Rotini & Meatballs OR Fish Sandwich Braised Kale Northern Beans Pears	15 Twin Cheeseburgers OR Turkey BLT Wrap Broccoli w/ Dip Mixed Veggies Raisins	Parents Welcome 16 Stuffed Crust Pizza OR BBQ Beef Rib Tossed Salad Butternut Squash Peaches
19	20	21	22	23
Winter Recess - No School				
26 Sweet&Sour Meatballs OR BBQ Chicken Wrap Brown Rice/Carrots Stir Fry Veggies Cinnamon Applesauce	27 FT Sticks w Tky Sausage OR Cheddar Omelet/WW Toast Tater Tots Green Beans Orange Juice	28 Chicken Patty OR Tuna Wrap Roasted Cauliflower Peas Pineapple	3/1 Turkey&Gravy OR Oven Roasted Chicken WG Biscuit/Broccoli Mashed Potatoes Mandarin Oranges	3/2 Personal Pan Pizza OR Curry Chicken Salad Wrap Carrots and Celery Sticks Pears

Student Lunch
$2.25
Adult Lunch
$3.50 + tax
Milk $.60
Menu subject
to change

Available Daily:
Veggie Burger

Chef Salad

PBJ or
Cheese Sandwich

Fresh Fruit or
100% Fruit Juice

Fat-free Chocolate
or Strawberry,
Skim, or 1% Milk

Don't forget to sign up for Myschoolbucks.com -
Online credit/debit payments, monitor account balance,
and email low-balance notifications.

Please contact Michael Tehan (Head Cook) with any
questions or concerns - 465-4561 ext. 110
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