

# Menands School Lunch Menu - May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Turkey Tacos <u>OR</u> Pulled Pork Tacos Corn Black Beans Orange Juice	2 Chicken Patty <u>OR</u> Chicken Salad on WW Oven Fries Green Beans Pears	3 Cheese Ravioli <u>OR</u> Jerk Chicken Wrap Roasted Cauliflower Sweet Potato Mashers Pineapple	4 French Bread Pizza <u>OR</u> Tuna Salad Wrap Carrots & Celery Sticks Raisins
7 Teriyaki Chicken <u>OR</u> Curry Chicken Salad Wrap Brown Rice/Carrots Stir Fry Veggies Peaches	8 Pulled Pork Sandy <u>OR</u> Beef&Bean Burrito BBQ Black Beans Corn Mandarin Oranges	9 Popcorn Chicken <u>OR</u> Chicken Pizza Quesadilla Tater Tots Green Beans Cinnamon Applesauce	10 Cheesy Breadstick w Sauce <u>OR</u> Fish Sandwich Roasted Cauliflower Cucumber Tomato Salad Pears	11 Cheese Pizza <u>OR</u> BBQ Chicken&Chz Wrap Tossed Salad Mixed Veggies Pineapple
14 Mac & Cheese <u>OR</u> Tky Sausage Egg&Cheese Steamed Broccoli Peas Raisins	15 Rotini & Meatballs <u>OR</u> Hot Ham& Cheese Braised Kale Northern Beans Grape Juice	16 BBQ Chicken Strips <u>OR</u> Fish Sticks Brown Rice/Cali Veggies Sweet Potato Fries Peaches	17 <b>Parents Welcome</b> Cheeseburger <u>OR</u> Chicken Salad on WW Curly Fries Roasted Asparagus Mandarin Oranges	18 Sheet Pizza <u>OR</u> Jerk Chicken Wrap Carrots & Celery Sticks Cinnamon Applesauce
21 Chicken Fajita <u>OR</u> Turkey & Bacon* Wrap Brown Rice/Corn Black Beans Pears	22 Cheese Ravioli <u>OR</u> Fish Sandwich Roasted Broccoli Carrots Pineapple	23 Chicken Patty <u>OR</u> BBQ Chicken&Chz Wrap Roasted Chickpeas Sweet Potato Mashers Raisins	24 Turkey&Gravy <u>OR</u> Hummus Wrap WG Biscuit/Green Beans Mashed Potatoes Peaches	25 Stuffed Crust Pizza <u>OR</u> Tuna Salad Wrap Tossed Salad Mixed Veggies Mandarin Oranges
28 NO SCHOOL MEMORIAL DAY	29 Pulled Pork Sandy <u>OR</u> Turkey Hot Dog BBQ Baked Beans Peas Cinnamon Applesauce	30 Cheeseburger <u>OR</u> Fish Sticks Oven Fries Green Beans Pears	6/1 Popcorn Chicken <u>OR</u> Tky Sausage Egg&Cheese Sweet Potato Fries Roasted Cauliflower Orange Juice	6/2 French Bread Pizza <u>OR</u> Jerk Chicken Wrap Carrots & Celery Sticks Raisins

Student Lunch  
\$2.25  
Adult Lunch  
\$3.50 + tax  
Milk \$.60  
Menu subject  
to change

Available Daily:  
Veggie Burger

Chef Salad  
  
PBJ or  
Cheese Sandwich  
  
Fresh Fruit or  
100% Fruit Juice

Fat-free Chocolate  
or Strawberry,  
Skim, or 1% Milk

\*Turkey Bacon

Don't forget to sign up for Myschoolbucks.com -  
Online credit/debit payments, monitor account balance,

Please contact Michael Tehan (Head Cook) with any  
questions or concerns - 465-4561 ext. 110

and email low-balance notifications.

or [mtehan@menands.org](mailto:mtehan@menands.org)