



Menands School Lunch Menu - June 2018

Monday	Tuesday	Wednesday	Thursday	Friday
				1 French Bread Pizza <u>OR</u> Jerk Chicken Wrap Carrots & Celery Sticks Raisins
4 Teriyaki Chicken <u>OR</u> Pulled Pork Sandwich Brown Rice / Carrots Stir Fry Veggies Pineapple	5 Mac & Cheese <u>OR</u> Grilled Bologna&Cheese Roasted Broccoli Cucumber Tomato Salad Peaches	6 Chicken Tenders <u>OR</u> Fish Sandwich Curly Fries Green Beans Mandarin Oranges	7 Rotini & Meatballs <u>OR</u> BBQ Chicken&Chz Wrap Northern Beans Mixed Veggies Pears	8 Field Day Turkey Hot Dog <u>OR</u> Curry Chicken Salad Wrap Carrots & Celery Sticks Raisins
11 Chicken Fajita <u>OR</u> Beef & Bean Burrito Brown Rice / Peas Black Beans Cinnamon Applesauce	12 Oven Roasted Chicken <u>OR</u> Meatloaf WG Biscuit / Corn Mashed Potatoes Pineapple	13 Turkey Taco <u>OR</u> Buffalo Chicken&Chz Wrap Roasted Cauliflower Braised Kale Peaches	14 Parents Welcome Cheddar Omelet with Tky Sausage/WW Toast Pulled Pork Sandwich Home Fries/Carrots Mandarin Oranges	15 Assorted Pizza <u>OR</u> Tuna Salad Wrap Tossed Salad Sweet Potato Fries Pears
18 Cheese Ravioli <u>OR</u> Tky Sausage Egg&Cheese Northern Beans Green Beans Cinnamon Applesauce	19 EARLY RELEASE 11:20 Superintendent's Conference Day	20 EARLY RELEASE 11:20 Superintendent's Conference Day	21 EARLY RELEASE 10:45 LAST DAY OF CLASSES	

Student Lunch  
 \$2.25  
 Adult Lunch  
 \$3.50 + tax  
 Milk \$.60  
 Menu subject  
 to change

Available Daily

Chef Salad  
 PBJ or  
 Cheese Sandwich  
 Fresh Fruit or  
 100% Fruit Juice  
 Fat-free Chocolate  
 or Strawberry,  
 Skim, or 1% Milk

Don't forget to sign up for Myschoolbucks.com -  
 Online credit/debit payments, monitor account balance,  
 and email low-balance notifications.

Please contact Michael Tehan (Head Cook) with any  
 questions or concerns - 465-4561 ext. 110  
 or mtehan@menands.org